



# Innisfail HIGH SCHOOL

Volume 3 – October 28, 2024

## One of our students earns 100% on Physics 30 Diploma



Congratulations to 2024 Graduate Luke Dodd (centre) as he is honoured for getting 100% on his June Physics 30 diploma. Shown from left: Holly Bilton, CESD Board Chair; Melissa and Mike Dodd, Luke Dodd, Maddie Disterheft (formerly Miss Pereira) Physics teacher; Chris Adamson, Innisfail High School principal and Kurt Sacher, CESD Superintendent.



### Cross-Country Athletes do well at Zones

The Sr. Cross-Country team, Cameron Emerson and Colby Hollman, along with coaches Deshann Valentine and Judith Ellingsgaard, had a great season. Here they were at Zones in Camrose on Oct. 9 and competed very strongly. Colby came in 40th and Cam came in 47th out of 125 competitors. Well done team!







**Sr. Girls Volleyball team finishes strong in Eckville** - The girls worked hard together and played awesome this weekend in Eckville. They had some big wins and their last playoff game went into a third set that they lost by just a couple points. Saturday they played with just six players due to an injury. Well done girls! *The Sr. Girls Roster is:* Mya Burton, Lily Carruthers, Kaylynn Nickel, Hannah Rice, Mackenzie Smyth, Taytum Sutherland and Abby Watson. *Coaches are* Bob Klatt and Rob Burton.

**CAFETERIA  
CLOSED  
Wed., Oct. 30**  
Will Open again  
Thursday!

**HALLOWEEN  
DANCE  
Wed., Oct. 30**  
*Advanced Tickets only!*  
Doors open at  
7:00 pm

**Costume  
Contest  
October 31**  
Prize to be won!



**Jr. Girls  
Volleyball team  
finishes season  
with a Bronze  
medal**

The girls did amazing at the Stettler tournament this past weekend. They had a 5-1 record enroute to the Bronze Medal. Well done team!



**2024 IHS BASKETBALL TRYOUT  
INFORMATION**

**SR. BOYS BASKETBALL TRYOUTS:**

**FRIDAY, NOVEMBER 1ST, 5-6:30PM (GYM 2)  
MONDAY, NOVEMBER 4TH, 5-6:30PM (GYM 3)  
TUESDAY, NOVEMBER 5TH, 4:30-6PM (GYM 3)**

**SR GIRLS BASKETBALL TRYOUTS:**

**TUESDAY, NOVEMBER 5TH, 3:15-5PM (GYM 4)  
THURSDAY, NOVEMBER 7TH, 3:15-5PM (GYM 3)**

**GRADE 9 BOYS BASKETBALL TRYOUTS:**

**TUESDAY, NOVEMBER 12TH, 3:30-5:30PM (GYM 3 WEST)  
WEDNESDAY, NOVEMBER 13TH, 3:30-5:30 (GYM 3)**

**GRADE 9 GIRLS BASKETBALL TRYOUTS:**

**TUESDAY, NOVEMBER 12TH, 3:15-5PM (GYM 3 EAST)  
WEDNESDAY, NOVEMBER 13TH, 3:15-5PM (GYM 4)**







***Drama fun*** - Mr. Burton's Drama classes have been having a lot of fun with Infomercials, as well as marble labrynth. Well done!



## **Prom 2025 Fundraisers**

Please look to the following pages  
for our Current Prom Fundraisers!!

The Spaghetti Supper Fundraiser will be  
Tuesday, Dec. 3. Watch for more info on this event  
or reach out to Mrs. Milne or Mrs. Dingman  
for more information.

***PROM MEETING FOR GRADS***  
***Tuesday, Oct. 29 at Lunch***



NAME	TELEPHONE	PAYABLE TO
		Innisfail High School

GRAD CLASS 2025	MAKE CHEQUES PAYABLE TO INNISFAIL HIGH

NOTES  
Thank you for supporting the Grad Class of 2025!

**THE ESSENTIALS**

Grocery												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Chefs Plate	7%	\$50 >		\$100 >		\$150 >						
Extra Foods, No Frills, Real Canadian Superstore, Wholesale Club, Your Independent Grocer	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
HelloFresh	7%	\$50 >		\$100 >		\$150 >						
Instacart	3%	\$25 >		\$50 >								
M&M Food Market	3%	\$25 >		\$50 >								
Sobeys, Chalo! FreshCo, FreshCo, IGA West, Safeway, Sobeys - Multi-banner Grocery	3%	\$25 >		\$50 >		\$100 >		\$250 >				

  

Gas												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Esso, Mobil	2%	\$25 >		\$50 >		\$100 >						
Petro-Canada™	2%	\$10 >		\$20 >		\$25 >		\$50 >		\$100 >		
Shell	2%	\$25 >		\$50 >		\$100 >		\$500 >				
Ultramar, Chevron, Fas Gas, Pioneer	2%	\$25 >		\$50 >		\$100 >		\$250 >				

**OTHER CATEGORIES**

Restaurant & Coffee												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
A&W	4%	\$10 >		\$25 >		\$50 >						
AnyCard DINE	5%	\$25 >		\$50 >		\$100 >						
AnyCard EATZ	5%	\$25 >		\$50 >		\$100 >						
Applebee's	4%	\$25 >		\$50 >								
BarBurrito	10%	\$25 >										
Boston Pizza	5%	\$25 >		\$50 >		\$100 >						
Burger King	2.5%	\$25 >		\$50 >		\$100 >						
Cactus Club Cafe	10%	\$25 >		\$50 >		\$100 >						
DoorDash	4.5%	\$10 >		\$25 >		\$50 >		\$100 >				
Earls Kitchen + Bar	5%	\$25 >		\$50 >		\$100 >						
Edo Japan	5%	\$25 >		\$50 >		\$100 >						
Foodtastic, Copper Branch, Fionn MacCool's, Freshii, Milestones, Pita Pit, Quesada, Second Cup Café	5%	\$25 >		\$50 >		\$100 >						
JOEY	6%	\$25 >		\$50 >								
Kelseys, East Side Mario's, Elephant & Castle, Harvey's, Montana's BBQ & Bar, New York Fries, Original Joe's, State & Main, Swiss Chalet, The Burger's Priest, Ultimate Dining Card	5%	\$10 >		\$25 >		\$50 >		\$100 >				



Restaurant & Coffee (Continued)												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Kentucky Fried Chicken, Pizza Hut, Taco Bell	3%	\$25 >		\$50 >								
McDonald's®, McCafé	2.5%	\$10 >		\$20 >		\$25 >		\$50 >				
Moxie's Grill & Bar	10%	\$25 >		\$50 >		\$100 >						
Oliver & Bonacini, Alchemy, Braven, Buffo, Kindred Food + Drink, Sub Rosa, The Guild	5%	\$25 >		\$50 >		\$100 >						
Pizza 73	10%	\$10 >		\$25 >		\$50 >		\$100 >				
St. Louis Bar & Grill	10%	\$25 >		\$50 >		\$100 >						
Starbucks	3%	\$5 >		\$25 >								
SUBWAY®	4%	\$10 >		\$25 >		\$50 >		\$100 >		\$500 >		
TacoTime	4%	\$25 >		\$50 >		\$100 >						
Thai Express	4%	\$25 >		\$50 >		\$100 >						
The Canadian Brewhouse	8%	\$25 >		\$50 >		\$100 >						
The Keg	5%	\$25 >		\$50 >		\$100 >						
The Old Spaghetti Factory	5%	\$25 >		\$50 >								
Tim Hortons	2%	\$15 >		\$25 >		\$50 >		\$100 >				
Triple O's	10%	\$25 >		\$50 >		\$100 >						
Wendy's	3%	\$10 >		\$25 >		\$50 >						
Apparel												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Aerie	6%	\$25 >		\$50 >		\$100 >						
ALDO	10%	\$25 >		\$100 >								
American Eagle®	6%	\$25 >		\$50 >		\$100 >						
Claire's	4%	\$20 >										
Gap, Baby Gap, Banana Republic, Old Navy	7%	\$25 >		\$50 >		\$100 >						
H&M	3.5%	\$25 >		\$50 >		\$100 >						
Harry Rosen	5%	\$100 >										
La Senza	7%	\$25 >		\$50 >								
La Vie en Rose, Bikini Village	3%	\$25 >		\$50 >								
Mark's	7%	\$25 >		\$50 >		\$100 >						
Roots, Roots Kids	10%	\$25 >		\$50 >		\$100 >		\$250 >				
Simons	5%	\$25 >		\$50 >		\$100 >						
Victoria's Secret PINK	2.5%	\$25 >		\$50 >		\$100 >						
Victoria's Secret	2.5%	\$25 >		\$50 >		\$100 >						
Business & Office												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Staples	3%	\$25 >		\$50 >		\$100 >		\$200 >		\$500 >		
Children & Toys												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Build-A-Bear Workshop®	7%	\$25 >										
Scholar's Choice	5%	\$25 >		\$50 >								
The Children's Place	8%	\$25 >		\$50 >		\$100 >						
Toys "R" Us, Babies "R" Us	2%	\$25 >		\$50 >		\$100 >						
Department Stores												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$

Department Stores (Continued)												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Amazon.ca	0.5%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
Dollarama	3%	\$10 >		\$25 >		\$50 >						
Giant Tiger	3%	\$25 >		\$50 >		\$100 >						
Hudson's Bay	5%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
Walmart	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
WINNERS, HomeSense, Marshalls, TJX Canada	6%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
Electronics												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Best Buy	1.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Entertainment												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
AnyCard PLAY	5%	\$25 >		\$50 >		\$100 >						
Chapters, Coles Books, Indigo	5%	\$10 >		\$25 >		\$50 >		\$100 >				
Cineplex, Galaxy, Scotiabank, The Rec Room	4%	\$10 >		\$25 >		\$50 >		\$100 >				
Kobo	3.5%	\$25 >		\$50 >								
Landmark Cinemas	4%	\$25 >		\$50 >								
Twitch	3.5%	\$25 >		\$50 >		\$100 >						
Health & Beauty												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Bath & Body Works	5%	\$25 >		\$50 >								
Rexall	2%	\$25 >		\$50 >								
Sally Beauty®	10%	\$25 >		\$50 >								
Sephora	4%	\$25 >		\$50 >								
Shoppers Drug Mart	3%	\$25 >		\$50 >		\$100 >						
Home & Garden												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Canadian Tire	4%	\$10 >		\$25 >		\$50 >		\$100 >				
Home Depot	3%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Home Hardware, Home Furniture	3.5%	\$20 >		\$25 >		\$50 >		\$100 >		\$250 >		
IKEA Canada	3%	\$25 >		\$50 >		\$100 >						
RONA	3.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Stokes, ThinkKitchen	6%	\$25 >										
Urban Barn	2.5%	\$25 >		\$50 >		\$100 >						
Wayfair.ca	2.5%	\$25 >		\$50 >		\$100 >		\$250 >				
Specialty												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
AnyCard BIRTHDAY	5%	\$25 >		\$50 >		\$100 >						
AnyCard KIDZ	5%	\$25 >		\$50 >		\$100 >						
AnyCard	5%	\$25 >		\$50 >		\$100 >						
Apple	3%	\$25 >		\$50 >		\$100 >		\$500 >				
DAVIDsTEA	3%	\$15 >		\$25 >		\$50 >		\$100 >				
DeSerres	5%	\$25 >		\$50 >		\$100 >						
Fanatics.ca	5.5%	\$50 >										



Specialty (Continued)												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Groupon	3%	\$25 >		\$50 >								
Kernels Popcorn	5%	\$15 >		\$25 >		\$100 >						
MOLLY MAID	4%	\$100 >										
PetSmart	4%	\$25 >		\$50 >		\$100 >		\$250 >				
Roblox	2.5%	\$25 >		\$50 >		\$100 >						
Sobeys Liquor, Safeway Liquor	3%	\$25 >		\$50 >		\$100 >		\$250 >				
Sports & Leisure												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Bass Pro Shops	4%	\$25 >		\$50 >								
Cabela's	4%	\$25 >		\$50 >		\$100 >						
Foot Locker	5%	\$25 >		\$50 >		\$100 >						
Golf Town	3%	\$25 >		\$50 >		\$100 >		\$250 >				
Running Room	6%	\$25 >		\$50 >								
Sport Chek, Atmosphere	4%	\$25 >		\$50 >		\$100 >						
Travel												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Airbnb	4%	\$50 >		\$100 >		\$250 >		\$500 >				
Best Western	5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Fairmont Hotels & Resorts	8%	\$50 >		\$100 >		\$250 >						
Origine artisans hôteliers	2.5%	\$50 >		\$100 >		\$250 >		\$500 >				
Uber, Uber Eats	2.5%	\$10 >		\$25 >		\$50 >						
WestJet	2.5%	\$100 >		\$250 >		\$500 >		\$750 >		\$1000 >		
zaluna, Club Voyages, Marlin Travel, Transat Travel, TravelPlus, Voyages Transat	2.5%	\$100 >		\$250 >		\$500 >		\$1000 >				

TOTAL OF THIS ORDER	\$
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**DEADLINE TO ORDER GIFT CARDS IS FRIDAY, NOVEMBER 22!**

## Big Box of Cards Grad Fundraiser!!



**\$35/box**  
of 35 cards  
(\$11 goes to Grads)

Bring money  
to the office  
to pick up  
yours today!!

**Only 30  
boxes left!**



